

ACCEPTABLE DONATIONS

XANTHUM GUM THICKENERS:

- ✓ Clear DysphagiaAide
- ✓ SimplyThick EasyMix
- ✓ Hormel Thick&Easy Clear
- ✓ Thick-It Clear

TAPIOCA-BASED STARCH THICKENERS FOR AGE 1+:

- ✓ Purathick

INFANT THICKENERS:

- ✓ Gelmix

PRETHICKENED LIQUIDS:

- ✓ Thick-It Clear Pre-thickened beverages
- ✓ Thick & Easy Clear Pre-thickened beverages
- ✓ Thick & Easy Dairy Drinks

FOOD/PUREE THICKENERS:

- ✓ Hormel Health Labs Shape & Serve Thickener

PRE-MODIFIED FOODS:

- ✓ Thick-It Pre-packaged pureed foods
- ✓ Thick & Easy Puree Meal Kits
- ✓ Thick & Easy Puree Meals
- ✓ Thick & Easy Bulk Puree Mixes

ORAL CARE SUPPLIES:

- ✓ Individually wrapped toothbrushes
- ✓ Toothpaste
- ✓ Non-alcohol mouthwash
- ✓ Suction Oral Care kits

THERAPY EQUIPMENT

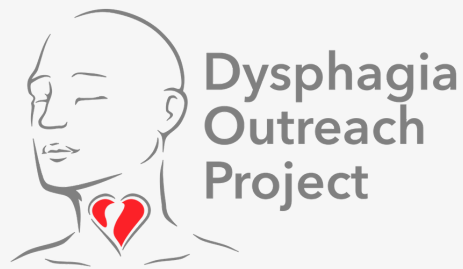
- ✓ EMST 150 / EMST 75
- ✓ The Breather

ORAL CARE SUPPLIES:

- ✓ Provale Cups (5cc & 10cc)
- ✓ Safe Straws
- ✓ Divided Plates
- ✓ Blenders
- ✓ Maroon Spoons

Please send donations to:

The Dysphagia Outreach Project
300 W. Carolina Ave.
Ruston, LA 71270



DONATION CONSIDERATIONS

- ✓ At this time, The Dysphagia Outreach Project is only able to accept new, unopened, and unexpired food and oral care products. Reusable items such as bottles, spoons, cups, and other multi-use products must be cleaned and sterilized (per manufacturer guidelines) prior to shipping to us.
- ✓ Therapy devices such as EMST 150, EMST 75 and The Breather can only be accepted for donation if they are in their original, unopened packaging.
- ✓ Open, expired, damaged, or dirty items will be discarded.
- ✓ At this time, we are NOT accepting donations of powdered cornstarch-based thickeners. Acceptance of cornstarch-based thickeners will be on a case-by-case basis only.
 - ✓ Despite being a popular option for thickening culinary items, cornstarch-based thickening agents are not suitable options for people with dysphagia. Active components in cornstarch-based thickener react differently to foods/liquids with varying temperatures, high pH levels, or even when mixed with saliva, causing significant instability and variability in consistency. On average, people with dysphagia have longer meal times which increases the amount of liquid instability. All of these factors lead to a higher chance of aspiration and increased injury to the lungs compared to xanthan gum thickeners.
 - ✓ Utilizing thickening agents (such as xanthan gum) that do not break down rapidly or impact their hydration is key to effectively managing a safe swallow.
- ✓ We ask that you pay for shipping of products to us if possible in order to allow our financial donations to go farther and help more recipients. If you have a large quantity of items to donate or need financial assistance to help with getting us your donation, please email team@dysphagiaoutreach.org.